

ENERGY PERFORMANCE: A COMPARISON OF FOUR DIFFERENT MULTI-RESIDENTIAL BUILDING DESIGNS AND FORMS IN THE EQUATORIAL REGION

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ABSTRACT

Building sector has been identified as a major energy consumer with nearly half of the world's energy used is associated with providing environmental conditioning in buildings. Approximately, two third of this is for heating, cooling and mechanical ventilation. Therefore, there is a need to optimize building design to be more responsive to surrounding environment which reduces energy utilisation. Energy consumption evaluation and audits for buildings is vital process that can contribute to energy conservation. As preliminary studies to this research, four low-rise residential college buildings with specific layout were selected in finding the relationship between passive building strategies and energy performance. The study initial approach was to critically analyse the design of the selected buildings through scaled drawings and site visits. Comparison of the two were carefully made to obtain current and post renovation conditions and surroundings as most of the drawings were drawn 30 to 40 years back. The elements of bioclimatic design were implemented as matrixes or criteria, particularly on natural ventilation and day lighting. Then, the energy performance was crucially audited to find out Building Energy Performance (BEP) acknowledged as energy use per unit floor area, and Energy Efficiency Index (EEI) to elaborate the kWh/m²/year of each residential college for five years duration. As initial findings, the implementations of appropriate bioclimatic design strategies are able to provide positive impacts to the overall energy performance of the residential colleges.

Keywords: Bioclimatic design strategies, Building Energy Performance (BEP), energy audit, Energy Efficiency Index (EEI).

1. INTRODUCTION

The Malaysian National Energy Efficiency Master Plan 2010 outlined productive use of energy consumption to promote energy efficiency in built environment. This has also been highlighted in Tenth Malaysia Plan with a target to achieve cumulative energy saving of 4,000 kilo tons of oil equivalent (ktoe) by 2015 (Economic Planning Unit, 2010). This includes residential and building sector as being the third largest energy consumer in Malaysia (Economic Planning Unit, 2006). As reported in 2009, the commercial

and residential sector accounts for about 13% of total energy consumption in addition to 48% of electricity consumption in Malaysia (Al-Mofleh et al., 2009). Thus, with this alarming fact, the building sector is a critical area to be studied for its energy performance (Levine et al., 2007), whilst improving thermal and visual comfort as well as enhances energy efficiency.

Bioclimatic design strategies, which shares its' design principles and objectives as 'green building', 'eco design', 'low impact design', 'energy efficient building'; all are derived from the key principle 'sustainable building design' building. Add that, well designed building can promise better performance. These building design approaches can significantly reduce negative environmental impacts and improve existing non-sustainable design, construction and operation practices (Tiyok, 2009). This can be achieved with more effectively with the use of natural resources, especially energy and water, and using renewable energy in the operational stage of the buildings.

Energy efficiency in buildings can be achieved in many ways, but fundamentally, the basics of the passive building designs should not be ignored. Passive building design is one of the main factors determining the building's energy performance, besides building services design and appliances and occupant behaviours (Al-Mofleh et al., 2009); the latter factors are difficult to control and maintain. In the tropics, as much as 60-70 % of the total energy in non-industrial buildings is consumed by air-conditioning, lighting and mechanical ventilation (Omer, 2008). Thus, natural ventilation and daylighting are two well-known strategies used to reduce a building's energy consumption specifically for cooling and lighting. The peak-cooling load (which determines the maximum demand of energy) and the annual electricity consumption can be reduced substantially by 10 % and 13 %, respectively, through the application of day lighting (Li et al., 2002; Zain-Ahmed et al., 2002). Approximately 43 % of energy reduction can be achieved by using combinations of well-established technologies such as glazing, shading, insulation, and natural ventilation if the building itself is designed taking into account the climate of the site (Omer, 2008). Natural ventilation combined with solar protection is the most efficient building design strategy

to achieve thermal comfort without resorting to mechanical cooling (Candido et al., 2010). This strengthens the fact that, sufficient provision for air movements and day lighting are key considerations in building design in the tropical regions. Nevertheless, thermal comfort in the building should not be compromised whilst implementing passive and low energy systems to meet sustainability requirements.

The effectiveness of bioclimatic building practices in a building can be verified through energy audit, which includes the evaluation of consumption patterns and followed by the identification of specific energy saving measures. These two steps are the most major ingredient of the energy management activity (Haji-Sapar and Lee, 2005). Regarding on the different levels of sophistication, energy audit can be divided into two types which are walkthrough audit; simple study of some major equipment/systems and detailed audit; thorough study of practically all equipment/systems (EMSD, 2007). The American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) (ASHRAE, 2004) stated three different level of analysis for energy audit as listed below:

1. *Preliminary energy use analysis*: The building's energy consumption is evaluated by developing Energy Use Intensity (EUI) resulted from existing annual utility billing.
2. *Level I - Walkthrough analysis*: A visual inspection of building's mechanical and electrical systems through interview of building operating personnel and evaluation of non-energy related capital investments.
3. *Level II - Energy survey and analysis*: More detailed building survey and expands on the walk-through analysis by conducting field measurements while energy saving and cost analysis are also completed.
4. *Level III - Detailed analysis of capital-intensive modifications*: Built up the dynamic energy model of existing systems by using software to understand the return on investment of each option which also known as investment grade audit.

According to Ministry of Higher Education (2010), there are 20 public universities, 525 private universities which includes branch campus of overseas' universities, college, and university college, 27 polytechnics and 59 community colleges which offer various programmes from certificate to higher degree level in Malaysia. As recorded by Planning and Research Unit (2008) in Malaysia Higher Education Statistic for 2008, there were 369,169 students intake with 921,548 of students' enrolment in all higher education institution. These figures showed the increment from year to year when six years back, in 2003 there were only stated approximately 262,626 of student intake. Up to date as reported in 10th Malaysia Plan, the enrolment in higher

education institutions for 2010 is estimated 1,103,963 students while as nation embarks on an important mission towards a progressive and high income mission, particularly on developing and retaining a first-world talent base, 1,276,667 and 1,610,408 of student's enrolment were targeted for year 2012 and 2015 (Economic Planning Unit, 2010). Therefore, it directly shows the numbers of accommodation facilities that should be provided by the institutional to the students.

The multi-storey residential college is the best way in providing accommodation facilities to the huge numbers of students when the land spaces are limited. The multi-storey residential building typically plays a role as student halls of residence, key worker accommodation, care homes and sheltered house, containing catering facilities, lounges, dining rooms, health and leisure areas, offices, meeting rooms and other support areas such as laundry facilities (BREEAM, 2010). The lamp and fan are two basic appliances to ensure the optimum comfort level in the living units occupied by students. This supported by Omer (2008) who stated in the equatorial region, three main elements related to building services are conditioning for thermal comfort, lighting for visual comfort, and ventilation for indoor air quality to provide clean air to a space in purpose to meet the metabolic requirements of occupants and to dilute and remove pollutants emitted within a space.

Unfortunately, lacks of building design could leads to the increment of electricity for lighting and cooling load in sustaining the visual and thermal comfort in residential college buildings. Thus, directly promotes the wastage of energy when the lights need to switch on although there have abundance of day lights at the outside. The same things also happened to the fans when need to switch on continuously although the natural ventilation can provide optimum thermal comfort in the living units. Furthermore, the air conditions probably need to be fixed with lower temperature to replace fans in purpose to enhance the indoor air quality. Therefore, with the huge numbers of students in higher education institutional showed how much the energy are wasted for sustain the visual and thermal comfort at the residential college buildings.

Presently, majority of the university students are from the Millennial Generation, also acknowledge New Boomers Generation, who are born from 1980 onwards, they are brought up using digital technologies, electrical gadgets and automobiles (millennial generation, 2011). They can be considered as the larger consumers of energy per person as compared to earlier generations, Baby Boomers (who born from 1946 to 1964) and Y (who born from 1965 to 1980) (Meriac et al., 2010).

The aim of this study is to analyse the energy performance of four residential colleges which are low-rise multi-residential building, regarding the implementation of

bioclimatic design strategies particularly on day lighting and natural ventilation. Thus, the effects of the recent adoption of bioclimatic design strategies in influencing the total energy consumption at residential colleges will be revealed by evaluating the electricity consumption patterns. Indirectly, this study will also demonstrate the electricity consumption patterns of the Millennial Generation living in residential colleges in Malaysia. It is hope that this study will be able to fill in the current knowledge gap on passive energy design in residential college buildings as most of the studies reported in the literature had strictly focused on residential houses, such as single storey, double storey, flat houses and apartments (Wong et al., 2003; Ghisi and Massignani, 2007; Indraganti, 2010; Mohit et al., 2010), rather than residential college buildings, which may have different layouts, services, users and living patterns.

2. RESEARCH DESIGN AND APPROACHES

Building Description

Four residential colleges with different designs, forms, layouts and capacities were chosen in this study in finding the relationship between different passive building strategies implemented and performance of electric consumption. There were, K1: linear arrangement with fixed opening at the both end of corridor at each level (705 residents), K2: linear arrangement with fixed opening at the end and middle of corridor at each level (1,001 residents), K3: internal courtyard (885 residents), and K4: internal courtyard with balcony at each residential unit (897 residents). All of the case studies are located in the University of Malaya Kuala Lumpur campus situated at 3°7'1"N and 101°39'12"E. The salient climate for Kuala Lumpur is consistently hot and humid all year with annual average temperature between 23 to 32°C and average precipitation reaching up to 190mm. Kuala Lumpur is affected by the weaker south-east monsoon from April to September (Ahmad, 2008) though afternoon rain accompanied by thunderstorms are common.

In each case study, the residential units are limited to two occupants per room and are occupied by local and international students. K1 is the oldest residential college, established in 1963 while K4 is the newest, established in 1997. Each residential college comprises one administrative block and four to six residential blocks. All administrative blocks are equipped with air-conditioning, mainly using split unit systems. The residential units/rooms at the residential blocks are non-conditioned but are provided at least with one ceiling fan, two fluorescent tube lamps in each unit.

Building Design Studies

The blue prints, which included a site plan, architectural drawings and structure drawings, were the main source of data for the building design studies. Site visits to each residential college were also carried out in order to gauge actual conditions, since most of the drawings were drawn 30 to 40 years ago, and since then, numerous renovations and

add-ons have been carried out to increase the residences' capacities. The elements of bioclimatic design (passive mode) introduced by Yeang (2008) were adapted as matrixes for assessing the building's design in adapting green building concepts, with particular focus on the application of natural ventilation and day lighting.

Performance of Electric Use

The efficiency of electricity use in each residential college was evaluated by adapting a method from Saidur (2009) who estimated energy intensity, EI in kWh/m² by using following equation:

$$EI = AEC / TFA$$

where, AEC is annual energy consumption (kWh) and TFA is total floor area (m²). Principally, Kamaruzzaman and Edwards (2006) stated that the energy use per unit floor area can be described as 'Normalised Performance Indicators' (NPI), which is also known as the energy use index or Building Energy Performance (BEP) (EMSD, 2007). Consequently, the term BEP will be used in this study to indicate the performance of electric consumption at the residential colleges, while Energy Efficiency Index (EEI) will be used to represent kWh/m²/year (Ibrahim, 2008; Chou, 2004). Referring to Iwaro and Mwashu (2010), energy use in residential buildings is usually 10 to 20 times lower compared to office buildings. Thus, the electricity usage in residential buildings in Malaysia amounts to approximately 10 to 25 kWh/m²/year if the electricity use in office buildings in Malaysia is in the range of 200 to 250 kWh/m²/year (Aun, 2009).

The energy consumption data were collected and analysed out of a five year period, beginning from 2005 until 2009, while total floor area was calculated from the building plans. On-site measurements were also carried out for the purpose of obtaining accurate facts, since errors arose from the same sources as mentioned earlier, such as outdated drawings and recent renovations. Further statistical analysis was carried out using SPSS 15.0 (Standard version) computer software package. Descriptive statistical analysis was performed to analyse mean, median, mode, standard deviation, variance and range for comparison purposes.

3. RESULTS AND DISCUSSION

The characteristic and green building strategies demonstrated by the four residential colleges K1, K2, K3 and K4, particularly regarding natural ventilation and day lighting, are presented in Table 1.

Roughly, the buildings' characteristics of K1 and K2 are quite similar when both of these residential colleges were built with a linear arrangement and large open ended corridor. Unfortunately, there is more bioclimatic design strategies pertaining wind and natural ventilation were implemented at K1 as compared to K2. There are adjustable

Table 1 The characteristic and green building strategies demonstrated at K1, K2, K3 and K4

Internal systems	Characteristic	RESIDENTIAL COLLEGE			
		K1	K2	K3	K4
Built-form configuration, orientation, site layout planning & features	Form of building	Low rise	Low-rise	Low-rise	Low-rise
	Building layout	Linear arrangement	Linear arrangement	Courtyard arrangement	Courtyard arrangement
	Orientation to sun path	N - S, NW - SE & NE - SW	N - S	N - S	N - S & W - E
	Shape of the building's floor plate	Rectangle	Rectangle	Rectangle	L-shape
	Wind direction of the locality	SW	SW	SW	SW
	Floor level (excluding GF)	3	3	3	3
	Total floor area (m ²)	11,427.67	22,288.14	18,212.51	34,305.32
Residential unit-form & configuration	Typical room dimension (l) x (w) x (h)	4.98 x 3.3 x 2.5	4.15 x 3.88 x 2.91	5.0 x 3.4 x 2.77	5.0 x 4.0 x 2.87
	Typical room's floor area (m ²)	16.43	16.10	17.00	20.00
	Typical room volume (m ³)	41.09	46.86	47.09	57.40
	Typical of corridor width (m)	1.50	1.65	1.87	1.6
Enclosural & façade design	Design	Glare protection, adjustable & fix natural ventilation option	Glare protection & adjustable natural ventilation option	Glare protection & adjustable natural ventilation option	Glare protection & adjustable natural ventilation option
	Window area (m ²)	2.60	0.82	6.46	Type A : 1.65 / Type B : 4.12
	Window to wall ratio	0.32	0.07	0.69	Type A : 0.14 / Type B : 0.36
	Operable window area (m ²)	2.60	0.82	4.07	Type A : 1.10 / Type B : 2.75
	Operable window to wall ratio	0.32	0.07	0.43	Type A : 0.1 / Type B : 0.24
	Window design	Louver window/Jalousie	Louver window/Jalousie	Centre pivot & awning	Casement & Turn window
	Location	N - S, NW - SE & NE - SW	N - S	N - S	N - S & W - E
Solar control devices	Horizontal overhangs along the wall with windows	✓	✓	✓	✗
	Vertical overhangs along the wall with windows	✓	✗	✗	✗
	Tinted window glass	✗	✗	✓	✓
	Balcony/Veranda	✗	✗	✗	✓
	Deep recesses	✗	✓	✓	✓
	Internal courtyard	✗	✗	✓	✓
Passive daylight concepts	Articulated light shelves	✓	✓	✓	✗
	Light pipes	✗	✗	✗	✗
	Internal courtyard	✗	✗	✓	✓
	Balcony/Veranda	✗	✗	✗	✓
Wind & natural ventilation	Window opening with horizontal adjustable/ closing devices	✓	✓	✓	✗
	Window opening with vertical adjustable/closing devices	✗	✗	✓	✓
	High level fixed/adjustable exhaust opening	✓	✓	✓	✗
	Low level fixed/adjustable exhaust opening	✓	✗	✗	✗
	Wing walls above residential unit entrance door & wall	✓	✗	✓	✗
	Wall opening (create wind pressure inside room)	✗	✗	✓	✗
	Balconies/Veranda	✗	✗	✗	✓
	Internal courtyard	✗	✗	✓	✓
	Location of opening with respect to wind direction	✓	✗	✗	✗
Landscaping	Ratio of soft and hard landscape	52 : 48	53 : 47	61 : 39	58 : 42
Others	Corridor	Adjustable & fixed opening devices at the both end of corridor at each level	Fixed opening at the middle & both end of corridor at each level	Open corridor at each level which facing to internal courtyard	Open corridor at each level which facing to internal courtyard
	Staircase area	Small fixed opening devices	Small adjustable & fixed opening devices	Open staircase area	Open staircase area

openings at K1 with louver windows at both ends of the common corridor. Vice versa at K2, features large fixed openings with wide horizontal awning as part of solar control devices and open corridors at each floors in the middle of the building to increase the effects of natural ventilation and day lighting (Figure 1). Due to these passive design strategies, the lamps in the common corridor need not be continuously switched on during most part of the day as compared to K1. Solar control devices, in forms of horizontal overhangs and awnings are also available at both residential units with vertical overhangs at window openings at some of residential building at K1 (Figure 2).

The building massing of K1 and K2 are not orientated to the sun path, which directly eliminates thermal gain into the buildings. In addition to K1, there were low exhausted opening as a part of façade design and transom/fix opening above the entrance door and wall of each residential unit/room (Figure 3 & 4), which became an advantageous in encourage natural ventilation and daylight inside the residential unit/room compared to K2. Nevertheless, with regards to the design aim of glare protection, small window areas of residential units/rooms were instated at K2, resulting in the smallest window to wall ratio among the four residential colleges (Figure 5). The same approach can also be seen in the staircase area, where small adjustable opening devices were set up, capable of providing adequate day light and air circulation within these two areas (Figure 5). It was quite different with K1 where there are fixed opening devices in larger scale which creates wind pressure effects (Figure 6). Regarding on landscape, K1 stated the smallest percentage of soft landscape among other residential colleges which was 52%, followed by K2 with 53%. With the open gable roof design, there is no potential for a rooftop garden at both residential colleges.

K3 is the leading residential college due to the design of its residential unit that allows for the best utilisation of natural ventilation and day lighting. The college's courtyard, the transom/fix opening on the top of entrance door and wall, functions in promoting air circulation and allowing day light inside the residential unit/room (Figure 7 & 8). As a result, sufficient day lighting is obtained throughout the corridor which limits the usage of artificial lighting most part of the day. In addition, the building's north-south orientation heavily reduces the thermal gain into the residential units/rooms, only the services areas, such as the toilets, bathrooms, stores, staircases and balconies, are located at a west-east orientation. The high penetration of sunlight into the toilets and bathrooms lowers the humidity levels thus eliminating any risk of mould growth in these areas, which can be a major contributor to unhealthy buildings and poor indoor air quality.

Regarding the enclosure and facade design, K3 was designed with special features such as glare protection and adjustable natural ventilation options. The two types of

windows namely, centre pivot and awning, which are glass tinted (Figure 9), offered the occupants the possibility to channel the outside air/breeze, although the orientation of the windows and the building orientation are not in accordance with the wind flow direction; southwest. Moreover, the amounts of daylight penetration can be controlled even though each residential unit stated the biggest window to wall ratio. The awning windows that are located above the centre pivot directly plays a role as high level exhaust opening and articulate light shelves. On the landscape perspective, K3 has the largest soft landscape area exceeding 60% while flat roof design offers a big potential for the creation of a rooftop garden in the future, which would directly help to decrease the heat penetration through the roof (Figure 10).

Similar to K3, K4 also has a layout with a courtyard but not placed centre of the residential unit (Figure 11). The residential buildings are orientated towards north-south and west-east resulted from L-shape of the building's floor plate. There are four residential units/rooms, with their entrance doors facing each other, creating a cubicle (Figure 12). It is observed that the corridor lamps are not continuously switched on during day time as each cubicle is connected by an open corridor that faces the internal courtyard. The presence of wall openings creates wind pressure in the cubicle, which provides air circulation indirectly into the residential unit. The residential unit included the largest floor area and volume, 20.0m² and 57.40m³, of the four residential colleges. The residents have full control of the daylight distribution and air circulation into the residential unit/room via the balcony at each residential unit/room and tinted window glass (Figure 13). Moreover, the casement and turn window aid the air flows even though the position of the windows and the building orientation are not in accordance with the wind flow direction, southwest. Although K4 is a newest residential college, the soft landscape area was 58% which is higher than K1 and K2. Whilst, with 'dutch gable roof' design, roof top garden was not appropriate to be implemented in the future due to maintenance problems, leakage and subjected to high winds and heavy rains; that may lose significant numbers of plants and seedlings (Figure 14).

The ranking of green building strategies implementation on in these four residential colleges was found to be in the following order, K3>K4>K1>K2. This study found that out of the four colleges there are more natural ventilation design strategies being implemented as compared to passive daylight strategies. The electricity use and the total floor area (TFA) at the four residential colleges are presented in Table 2. As described, K4 had the largest TFA, 34,305.32m², followed by K2 with 22,288.14m², and K3 with 18,212.51m². K1 as the oldest residential college was the smallest building / capacity among these four with 11,427.67m² of TFA.



Figure 1 Large fix opening with wide horizontal awning and open corridors (small picture in the box) at each floor in the middle of the building at K2



Figure 4 Transom/fix opening above the entrance door and wall of each residential unit/room at K1



Figure 2 Vertical overhangs at window openings of residential building at K1



Figure 5 Small window areas at residential unit/room and staircase area of K2



Figure 3 Low exhausted opening as a part of façade design at K1



Figure 6 Fixed opening devices in larger scale at the staircase area of K1.



Figure 7 Internal courtyards at residential block of K3



Figure 10 Flat roof designs at residential building of K3



Figure 8 Transom/fix opening above the entrance door and wall of each residential unit/room at K3



Figure 11 The courtyard at K4



Figure 9 Two types of windows namely, centre pivot and awning which are glass tinted with biggest window area at K3



Figure 12 Four residential units/rooms with entrance doors facing each other, creating cubicle

Regarding the Building Energy Performance (BEP), K4 stated the lowest kWh per unit of floor area, 2.000 kWh/m², followed by K3 (2.268 kWh/m²), K2 (3.634 kWh/m²) and K1 (4.572 kWh/m²), which means that K1 still remains the highest user of electricity in five years duration.

4. CONCLUSION

It is found that a significant influence on the energy performance of residential colleges by means of bioclimatic design strategies. The adoption of bioclimatic design strategies, a combination of enclosure and facade design, solar control devices, optimisation of natural daylight, wind and natural ventilation and landscaping, as employed in K3, clearly helped to reduce the electricity consumption per annum. The combination of internal courtyard and balconies integrated in the building design assisted in reducing electricity consumption per unit of floor area as shown in K4. Open corridors at the middle of the building layout with the linear arrangement seem not really practical for optimising day lighting and natural ventilation for lowering energy consumption in residential college buildings. This is evidential in K2 which consumed double the amount of electricity than the average residential buildings in Malaysia, 10 to 25 kWh/m²/year. Unfortunately, by making comparison solely between K2 and K1, which more bioclimatic design strategies were implemented principally on natural ventilation, the performance of electricity consumption of K2 is much better. Hence, this directly showed the effectiveness of open corridor at the middle of building layout in optimising day lighting and natural ventilation, even though it was not achievable at the same level of K3 and K4 which implemented internal courtyard of building layout.

Internal courtyards and balconies should be seriously considered as part of multi-storey residential building designs due to its enormous potential for lowering energy consumptions used for mechanical cooling the internal spaces. Balconies and landscaping are able to act as buffers to protect the units from harsh solar radiation. In addition, the long daylight hours, available at a consistent rate all year long in the tropical regions should be optimised as part of the bioclimatic design principles.

Generally, the electricity consumption of the Millennial Generation living in residential college in Malaysia is in the range of 23 to 55 kWh/m²/year.

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